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# Walking Frame Instruction & Safety Manual Please read this manual before operation, for

Please read this manual before operation, for maintenance instructions and safe usage

The enabling power of applied knowledge



Congratulations oin your purchase of an ANSA<sup>™</sup> quality product. Before using your product, please read all instructions carefully. The warranty will not apply if the product is used incorrectly.

#### Note

It is essential to check that the SWL on your ANSA<sup>TM</sup> product is applicable to your personal requirements.

#### Warranty

Product Warranty - This covers faulty workmanship or defective material for the original consumer purchase for 12 months from the purchase date. In the event of a defect covered by this warranty.

- 1. We will at our discretion repair or replace the product.
- 2. The item must be returned to an authorised ANSA<sup>TM</sup> distributor or selling agent with proof of purchase.
- 3. Cost of freight is your responsibility.
- 4. Use and care instructions have been compiled with.
- 5. No unathorised repairs or alterations have been made.

# **Description of Device and Intended Application**

The ANSA<sup>TM</sup> Walking Frame is intended for use by persons with a disability or difficulty with walking that are capable of mobilising themselves. The ANSA<sup>TM</sup> Walking Frame can be used indoors or conditionally outdoors. ANSA<sup>TM</sup> Walking Frames are personal mobility devices that are operated manually by the user\*

\*A user is a disabled person, or a person not having the full capacity to walk unaided

# Warning

These precautions must be taken when using these products. Before each use make sure:

- The max user weight specified on your ANSA<sup>™</sup> product is applicable to your personal requirements.
- Walker is adjusted to correct height.
- Locking mechanisms and spring buttons are fully engaged.
- Walker sits level and all legs are adjusted to correct height.
- · Rubber tips are in good condition replace if necessary.
- User does not exceed the maximum weight limit for the frame.
- Use only ANSA<sup>™</sup> parts or accessories.
- When using accessories such as bags, baskets etc, ensure these are fitted safely and are not overloaded.
- Stow the frame with care when transporting in a car boot. Damage can occur due to impact with car boot door.

# Using the standard walking frame

Please read all instructions before use.

# **Please Note**

These are our recommendations but should be checked with your physiotherapist.

When the frame is adjusted correctly the user should be able to maintain an upright posture with the elbow slightly flexed. In this way, body weight is taken through the frame by pushing down on the frame when walking.



# Adjusting the height of all frame types

In order to ensure the frame is the correct height for the user, it will need to be adjusted accordingly.

#### Warning

When using a non-wheeled walking frame the legs should be set to the same height. When adjusting frames fitted with wheels it is advisable to set the rear legs one position higher than the front wheels. This is to compensate for the increased height of the wheels at the front which can adversely affect the stability of the frame and the slope of the handles.

# Spring Pin Adjustment

- 1. Press the button in.
- 2. Push the leg as if to shorten.
- 3. Turn the leg slightly.
- Extend the leg to the required position, turn and re-locate buttons into the appropriate hole.
- 5. Check the pin is fully located before use.
- 6. Repeat for other legs.

#### Walking

- Step 1. Stand within the space of the frame.
- Step 2. Place the frame one step ahead
- Step 3. Walk towards it using the affected leg first,
- Step 4. Follow with the other leg, which should then step through. Do not walk too far into the frame area.
- Step 5. When steady, lift the frame and place one step ahead of you

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#### Using - All frame types

#### Walking

- 1. Stand within the space of the frame.
- 2. Place the frame one step ahead
- 3. Walk towards it using the affected leg first,
- 4. Follow with the other leg, which should then step through. Do not walk too far into the frame area.
- 5. When steady, lift the frame and place a short distance in front.



# Getting into and out of chairs

- 1. Position the frame in front of the chair.
- 2. Get up by pushing on the arms of the chair and transfer hand to frame when fully standing.
- 3. To sit down, using the frame, turn round in front of the chair and feel the chair behind you with your legs.
- 4. Place hands gently on the chair arms, bend slightly forward and sit down gently.





# **General Safety**

- 1. Use a chair with high seat and arms to help you sit and stand up with ease.
- 2. Remove obstacles such as loose rugs, draught excluders and worn floor coverings.
- 3. Ensure lighting in hallways and stairways is adequate.
- 4. Wear flat supportive shoes.
- 5. Avoid wet floors.
- 6. Beware of outdoor hazards including uneven surfaces, wet leaves and ice.
- 7. Do not store this product in temperatures below freezing.
- 8. Take special care if carrying a bag or similar package.
- 9. All equipment should be regularly inspected for any damage or significant signs of wear.
- 10. Regular cleaning with a mild disinfectant is recommended. DO NOT use bleach or solvents.

# Check regularly for

- Bent or damaged tubes.
- Cracks at the tube joints.
- Loose or worn buttons
- Loose screws or fasteners.
- · Elongated adjustment holes.
- Loose handles.
- Loose or worn wheels and fasteners (where fitted)
- Smooth, worn or split rubber tips.

Replace all worn, missing or damaged parts where necessary.

#### Maintenance

Keep hair and lint from around wheels and oil moving parts occasionally. If walking frame is bent or shows sign of fatigue DO NOT USE.



#### Warranty

All ANSA<sup>™</sup> products are warranted for 12 months from the date of purchase against manufacturing or design defects.

#### The warranty is subject to the following conditions:

- Does not apply to wear and tear, inappropriate or incorrect use, or nonobservance of User Instructions.
- Defective set up by the user or third parties.
- Negligent or careless treatment.
- Use of unsuitable or unapproved spares or unauthorised alteration.
- The warranty does not extend to consequential costs resulting from fault clearance, loss of earnings or expenses

# THIS IN NO WAY AFFECTS YOUR STATUTORY RIGHTS.

#### Life expectancy

We estimate a life expectancy of 2 years for this product, provided that:

- It is used in strict accordance with the intended use as set out in this document.
- All service and maintenance requirements are met.

The estimated life expectancy can be exceeded if the product is carefully used and properly maintained. The life expectancy can also be considerably reduced by extreme or incorrect usage.

The fact that we estimate a life expectancy for this product does not constitute an additional warranty.








PO Box 82 Bentley WA 6982 T 08 9351 7500 F 08 9350 5299 info@unicarehealth.com.au www.unicarehealth.com.au Authorised Distributor